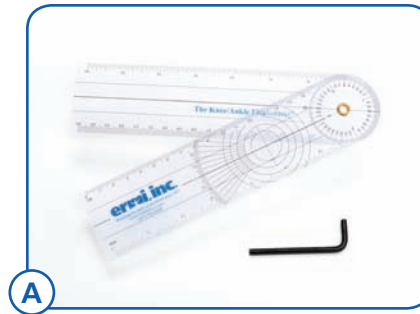


For the Clinician: Instructions for Set-up

Contents of Package

- A. Goniometer and Allen Wrench**
- B. ERMI MPJ Extensionater Frame, Air Cuff and Bulb**



To Work Dorsiflexion:

1. With the patient sitting in a chair and their feet flat on the floor, place the patient's foot into the device with the heel resting snugly in the heel cradle and the calf resting in the calf support cradle. (Figure C).
2. Slide the heel/calf cradle unit forward until the patient's great toe rests comfortably on the rotating, padded toe rest (Figure D).
3. Using the Allen wrench, tighten the set screw on one side of the unit enough to temporarily fix the position of the cradle on the base unit frame (Figure E).
4. Lift the unit away from the patient. Using the Allen wrench, tighten the set screws on both sides of the unit sufficiently to fix the position of the cradle (Figure F).



Air Cuff Positioning:

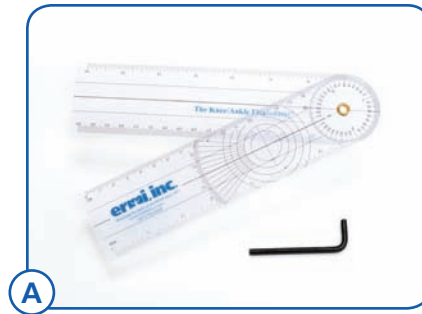
1. Position the patient in the ERMI MPJ Extensionater frame, and secure the device at the calf by placing the patient's leg snugly in the calf cradle and wrapping the calf harness completely around the leg until the mating Velcro surfaces are secure in front of the distal tibia (Figure G).
2. With the air cuff completely evacuated of air, lay the air cuff across the patient's forefoot with the hose/cuff interface on the proximal side of the bag. Position the cuff in the proximal/distal orientation such that the first metatarsal is covered and that the airbag does not cover the metatarsophalangeal joint. Position the medial border of the cuff such that it extends approximately 1 inch medial to the medial cuneiform (Figure H).
3. The Velcro surface of the cuff will be facing up. While holding the cuff in place, stretch the shorter strap across the cuff so that the Velcro on the strap engages the Velcro on the cuff thereby fixing the cuff onto the strap (Figure I).



For the Clinician: Instructions for Set-up

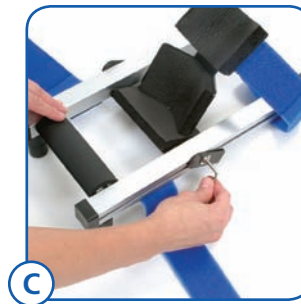
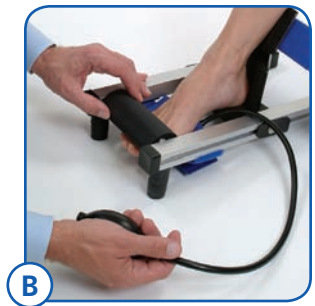
Contents of Package

- A. Goniometer and Allen Wrench**
- B. ERMI MPJ Extensionater Frame, Air Cuff and Bulb**



To Work Plantar Flexion:

1. With the patient sitting in a chair and their feet flat on the floor, place the patient's foot into the device with the heel resting snugly in the heel cradle with the leg straight up, not touching the calf support (Figure A).
2. Slide the heel/calf cradle unit forward until the patient's foot rests comfortably under the rotating, padded toe rest (Figure B).
3. Using the Allen wrench, tighten the set screw on one side of the unit enough to temporarily fix the position of the cradle on the base unit frame (Figure C).
4. Lift the unit away from the patient. Using the Allen wrench, tighten the set screws on both sides of the unit sufficiently to fix the position of the cradle. (Figure D).



Air Cuff Positioning:

1. Place the straps underneath the ERMI MPJ Extensionater frame, fitting them together with the Velcro straps, leaving a Velcro strap facing up (Figure E).
2. With the air cuff completely evacuated of air, lay the air cuff across the straps with the Velcro surface facing the Velcro surface of the bottom straps (Figure F).
3. Position the patient in the ERMI MPJ Extensionater frame, and secure the device at the calf by placing the patient's leg snugly in the calf cradle and wrapping the calf harness completely around the leg until the mating Velcro surfaces are secure in front of the distal tibia (Figure G).

