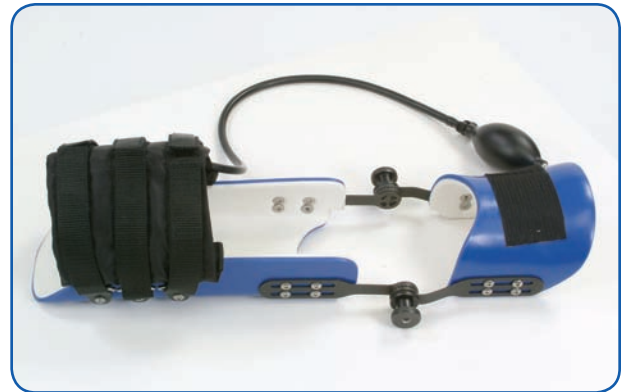


For the Clinician: Instructions for Set-up

Contents of Package

- A. ERMI Elbow Extensionater Frame
- B. Air Cuff



To Work Extension:

1. Attach the air cuff to the forearm shell with velcro straps which loop through slots attached to the shell. The air cuff should be snug but still allow the arm to fit in place (Figure A).
2. Place the enclosed foam pad where the forearm will contact the forearm tray (Figure B).
3. Loosen the hinges and place the injured arm into the forearm shell with the palm facing up. The air cuff should cover the heel of the hand as well as the wrist (Figure C).
4. The bend of the arm should be aligned with the hinges as closely as possible (Figure D).
5. The upper shell should be across the biceps muscle.
6. Adjust the hinges so that the hand is snug against the empty air cuff and does not contact the forearm tray.
7. Lock the hinges in this position (Figure E).
8. The forearm will contact the lower shell cushioning closer to the elbow (Figure F).



The ERMI Elbow Extensionater frame assembly is now custom-fit for your patient. For instructions on how to position the air cuff and begin therapy sessions, please refer to the document: "For the Patient: Instructions for Use" on the reverse side of this document.

See reverse side for Flexion instructions

For the Clinician: Instructions for Set-up

Contents of Package

- A. ERMI Elbow Extensionater Frame
- B. Air Cuff



To Work Flexion:

1. Loosen the hinges and place the ERMI Elbow Extensionater upside down on the table (Figure A).
2. Place the injured arm into the forearm shell with the palm facing the shell (Figure B).
3. Rotate the forearm shell up toward the upper arm until the palm no longer touches the shell (Figure C).
4. Keep moving the shell until the back of the hand is snug against the empty air cuff and does not contact the forearm tray (Figure D).
5. Lock the hinges in this position.
6. Use the strap to keep the upper shell in position over the biceps (Figure E).



The ERMI Elbow Extensionater frame assembly is now custom-fit for your patient. For instructions on how to position the air cuff and begin therapy sessions, please refer to the document: "For the Patient: Instructions for Use" on the reverse side of this document.

See reverse side for Extension instructions